

Kiawah Island Triathlon

Sunday September 19, 2010 7:30 am

DIRECTIONS

Kiawah Island is approx. 20 mi south of Charleston
Take Hwy 17S from Charleston to Main Rd. Left
onto Main and follow signs 17 mi to Kiawah Is.
Turn Rt. onto Beachwalker Dr. just before the
Kiawah Is. Security Gate. Beachwalker Park is
down on the right.

INFO

The Extra Mile (843)853-9987
mike.theextramile@comcast.net
charlestontriathlonclub.com
active.com



ACCOMMODATIONS

Kiawah Is. Resort-(843)768-2121
(800)654-2924
Seabrook Is Resort-(800)845-2475
Econo Lodge- (843)571-1880
(800)553-2666
Intown Suites-(843)763-8031
Howard Johnson-(843)722-4000
Sleep Inn-(843)556-6959
Lands Inn-(843)763-8885

*Race Mgmt reserves the right to alter the
course if in their opinion circumstances dictate*

Pay and send to Logman Racing PO Box 13956, Charleston, SC 29422

Register also @active.com

Kiawah Is. Tri

Name _____

Address _____

City _____ State _____ Zip _____

Ph# _____ Emergency Contact & Ph# _____

Age _____ Birthdate _____ Sex: M F E-Mail address _____

T-shirt size: S M L XL Amt. Pd _____

*Charleston Triathlon Club Members
may deduct \$5 when preregistering only*

Individual _____ Cydesdale _____ Athena _____

Relay Team _____ Team Name _____

If Relay: Mixed _____ All Male _____ All Female _____

Your Sport: Swim _____ Bike _____ Run _____

(All three team entries must be completed, signed, and sent together)

WAIVER & RELEASE

In consideration of acceptance of my entry, I, myself, my heirs and assigns, hereby release all of the sponsors, The Charleston Triathlon Club, The Charleston County PRC, Beachwalker Park, Kiawah Resort Associates, L.P, and Kiawah Island Community Association, Inc, the Town of Kiawah, The Extra Mile, Logman Racing, Kiawah Island Triathlon and any of its employees, representatives, agents, partners, members and officials from any and all liability arising from illness, injury, death or any other damages that I may suffer as a result of participation in said event. I attest that I am physically fit and sufficiently trained for this event which incorporates 1.5 kilometers of ocean swimming, 45 kilometers (approx. 28 miles) of cycling, and 10 kilometers (approx) 6.2 miles) of running and I am aware that participation in this event could result in soreness, injury, or death. I also give permission for free use of my name and picture in any broadcast, telecast or written account of this event. Should race officials determine that completion of this event would be injurious to my health, I consent to be removed from the course and treated by the health professional in attendance of their direction. I have sole responsibility of my cycling equipment and certify it is in good working order and safe operating condition. I understand my entry fee is NONREFUNDABLE. Pets, baby strollers, and headphones are not allowed on the course for safety reasons. ALTHOUGH TRAFFIC IS CONTROLLED BY LOCAL LAW ENFORCEMENT, ULTIMATELY EACH CYCLIST IS RESPONSIBLE FOR THEIR OWN SAFETY WHILE PARTICIPATING IN THIS EVENT.

Date

Signature of Participant

Signature of Parent/Guardian if under 18