



DIXON HUGHES PLLC
Certified Public Accountants and Advisors

Presents

Kiawah Island Triathlon

1.5K swim/ 45K bike/10K run

Sunday September 19, 2010

Beachwalker Park, Kiawah Is. SC

SCHEDULE

Race Start 7:30am

Packet pickup/Late Registration:

Fri Sept 17, 12-6 pm The Extra Mile
(336 King St Downtown Chas).

Sat. Sept. 18, 1-4pm & Sun. Sept.19,
6:00-7:00 am at Beachwalker Park

NO race day registration!

Race meeting 7:15 am

in the transition area race morning

You must pick up your own
packet and present ID

REGISTRATION FEES

Individ. \$65, Teams \$120 til Aug. 1

Individ \$70, Teams \$130 til Sept. 1

Individ \$75, Teams \$140 til Sept. 18 &

in person Sat. Sept. 18 (1-4pm)-CASH ONLY at this time

SPACE PERMITTING/ Race Fills Enter Early!

*Charleston Triathlon Club Members may
deduct \$5 when preregistering ONLY*

NO REFUNDS/NO EXCEPTIONS

Online registration@active.com

AWARDS/AWARDS CEREMONY

Top 3 overall M/F, Top 3 age grp. M/F

1st Master M/F (40+), 1st place Relay Team:

All Male, All Female, Mixed

1st Clydesdale (men 200lbs +)

1st Athena (women 150lbs +)

Awards ceremony and post-race
party will be in transition
area following the race

RESULTS

The race will be chip timed and results will
be posted at www.theextramileinc.com



COURSE DESCRIPTION

SWIM: 1.5K swim point to point
with the current wetsuits are allowed
(Swim caps will be provided & MUST be worn)

BIKE: 45K bike is a "T" shaped course with two
turn-arounds at the Ocean Course and Bohicket Rd.
Flat, fast with unparalleled views.

(Helmets MUST be worn on the bike)

RUN: 10K run has a small portion on the beach
with the rest on pavement. Flat and fast

(you MUST have your run # (provided) on the
front during the run portion only)

A course map and instructional sheet
will be provided in your race packet

PARKING

Parking is available at Beachwalker Park
but is limited. Please arrive early to park
inside the park. You may also park along
Beachwalker Dr in two other available lots.

WEATHER

The ave. water temp. 75 degrees,
air temp. 85 degrees

There will be ample fluids in the transition
and on the run, but NO bottle exchange on
the bike course

TRANSITION AREA

The transition area is limited to participants
ONLY. Please-NO family members in the
transition area

*All participants will receive custom designed
long sleeved T-shirts*

*Race limited to 300 participants,
NO transfer of entries to another individual
or from one year to the next*