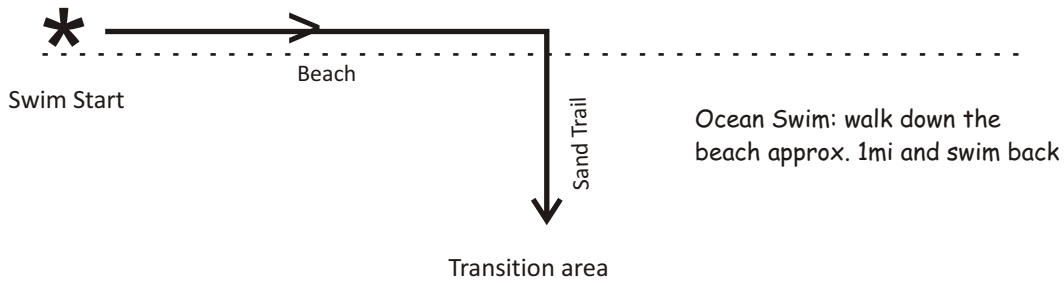


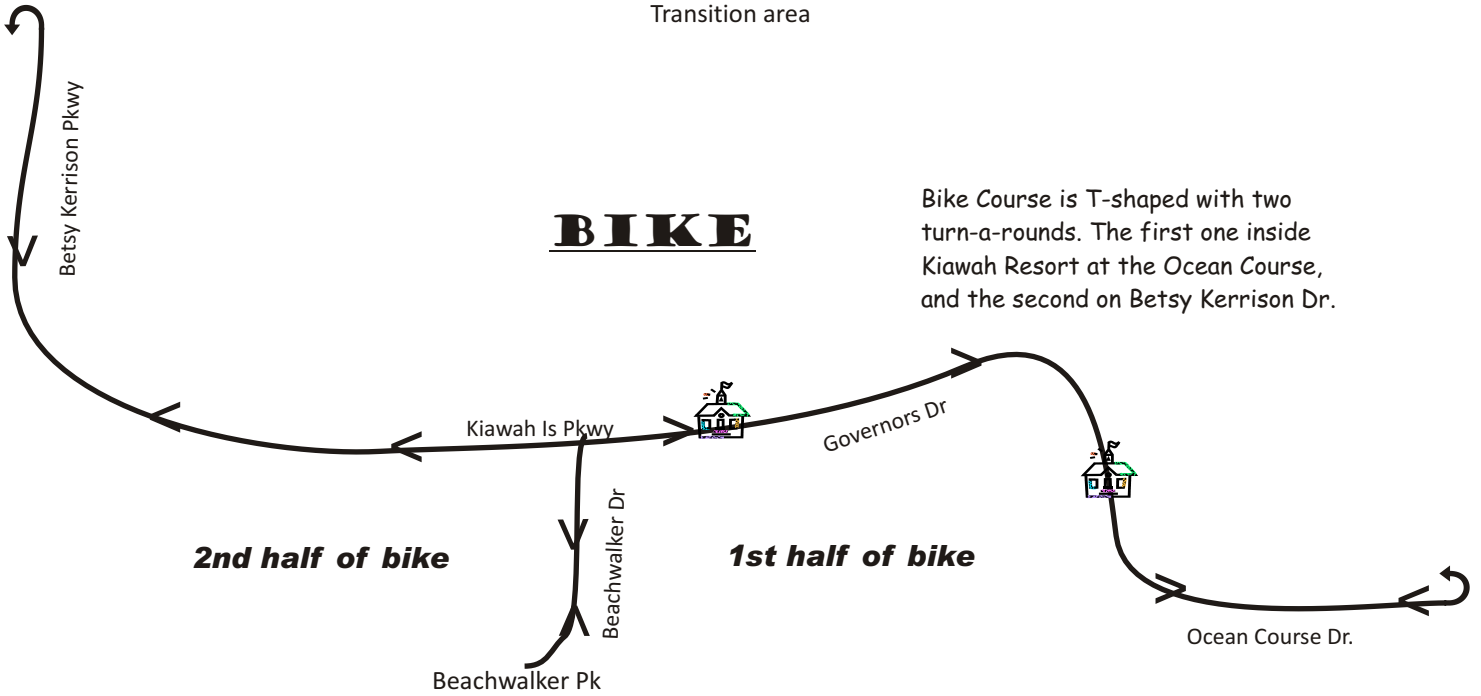
Kiawah Triathlon Course

OCEAN SWIM



Ocean Swim: walk down the beach approx. 1mi and swim back

BIKE



Bike Course is T-shaped with two turn-a-rounds. The first one inside Kiawah Resort at the Ocean Course, and the second on Betsy Kerrison Dr.

The run starts with 1mi down the beach to the swim start. Exit the beach at boardwalk 9, then Rt onto Eugenia. Go to end of Eugenia, Low Oak Woods, Palm Warbler, and Surfscoter, then back to Eugenia. Rt onto bike trail at end of Eugenia, then merge left onto Shipwatch, left onto Kiawah Beach Dr, left onto Duneside, Rt onto bike trail, and left onto Beachwalker and Park entrance.

RUN

